

Activities Calendar

JANUARY

2026

SarahCare[®]
Coral Springs Adult Day Care

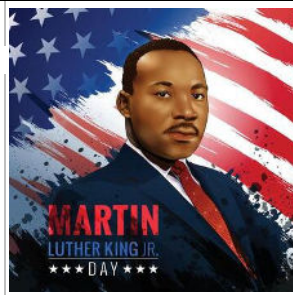
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



02
"Boogie Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Buzz Words](#)

05
"Twelfth Night!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

06
"Pepe Le Pew Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Golf Game](#)

07
"Cookbook Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
Relax With Music
Sittercise
Cinema Time & One
...On One Activities

08
"Elvis Lives Day!"
Breakfast
News & Views
[The Price is Right](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

09
"Soup's On Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Family Feud](#)

12
"Dozen Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

13
"Paddington Bear Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Bean Bag Challenge](#)

14
"Wintertime Memories Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
Relax With Music
Sittercise
Dart Battle Game

15
"It's a Happy Day!"
Breakfast
News & Views
[Beachball Volleyball](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

16
"Fig Newton Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Buzz Words](#)

19
"Martin Luther King Jr. Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

20
"Penguin Awareness Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Bowling](#)

21
"Disco Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
Relax With Music
Sittercise
Cinema Time & One
...On One Activities

22
"Celebration of Life Day!"
Breakfast
News & Views
[Indoor Soccer](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

23
"National Pie Day!"
Breakfast
News & Views
[Virtual Reality Tour](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Bingo](#)

26
"India Republic Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

27
"Tea and Trivia Tuesday!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Bucket Ball](#)

28
"Photobombing Day!"
Breakfast
News & Views
[Arts & Crafts](#)
Lunch
Relax With Music
Sittercise
Connect Four

29
"Puzzle Day!"
Breakfast
News & Views
[Balloon Volleyball](#)
Lunch
[Musical Entertainment](#)
Sittercise
Snack Time

30
"Croissant Day!"
Breakfast
News & Views
[Bingo](#)
Lunch
Relax With Music
Sittercise
Snack Time
[Buzz Words](#)

Monthly Birthdays:



Valda 1/2

David 1/13

Dennis 1/14



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