

# JANUARY

# 2026

# WHAT'S FOR LUNCH?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

01

CLOSED  
FOR  
NEW  
YEARS

02



05

Spaghetti w/Meatballs  
  
Garlic Bread  
  
Garden Salad  
  
Fresh Fruit

06

Arroz Con Pollo  
  
Baked Plantains  
  
Garden Salad  
  
Fresh Fruit

07

Rotisserie Chicken  
Mashed Potatoes  
  
Gravy  
  
Mixed Veggies  
  
Fresh Fruit

08

Grilled Chicken Alfredo  
with Spinach  
  
Whole Grain Pasta  
  
Garden Salad  
  
Fresh Fruit

09



Hot Dogs w/Buns, Potato  
Salad, Garden Salad and  
Fresh Fruit

12

Four Cheese Ravioli  
  
Garlic Bread  
  
Garden Salad  
  
Fresh Fruit

13

Baked Potato Soup  
  
Whole Wheat Turkey  
& Cheese Sandwich  
  
Fresh Fruit

14

Baked Crispy Chicken  
Sandwich  
  
Sweet Potato Fries  
  
Garden Salad  
  
Fresh Fruit

15

Macaroni & Cheese  
  
Fish Sticks  
  
Mixed Veggies  
  
Fresh Fruit

16



19

Spaghetti w/Meatballs  
  
Garlic Bread  
  
Garden Salad  
  
Fresh Fruit

20

Fish Fillet Sandwich  
  
Sweet Potato Fries  
  
Garden Salad  
  
Fresh Fruit

21

Rotisserie Chicken  
Mashed Potatoes  
  
Gravy  
  
Mixed Veggies  
  
Fresh Fruit

22

Arroz Con Pollo  
  
Baked Plantains  
  
Garden Salad  
  
Fresh Fruit

23



26

Baked Crispy Chicken  
Sandwich  
  
Sweet Potato Fries  
  
Garden Salad  
  
Fresh Fruit

27

Beef Stew over  
Rice  
  
Steamed Veggies  
  
Fresh Fruit

28

Chicken & Veg. Lo Mein  
w/ White Rice  
  
Garden Salad  
  
Fresh Fruit

29

Macaroni & Cheese  
  
Fish Sticks  
  
Mixed Veggies  
  
Fresh Fruit

30



SarahCare of Coral Springs Adult Day Care – 754 Riverside Drive, Coral Springs, FL 33071 – (954) 743-0003 Phone

\*Lunch options may change without notice due to availability.