Meal Calendar - November '26

SarahCare®
of Coral Springs Adult Day Care Center
www.SarahCare-CS.com

Breakfast 9:00 AM | Lunch 12:00 PM | Snack 2:30 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Four Cheese Ravioli** Garlic Bread Garden Salad Fresh Fruit	**3** **Chicken & Veggie Lo Mein** Garden Salad Fresh Fruit	**4** **Beef Stew over Rice** Steamed Veggies Fresh Fruit	**5** **Macaroni & Cheese** **Fish Sticks** Mixed Veggies Fresh Fruit	**6** **Lean Beef Lasagna** Garlic Bread Garden Salad Fresh Fruit
9 **Grilled Chicken Alfredo with Spinach** Whole Grain Pasta Garden Salad Fresh Fruit	**10** **Fish Fillet Sandwich** Sweet Potato Fries Garden Salad Fresh Fruit	**11** **Chicken Nuggets** French Fries Garden Salad Fresh Fruit	**12** **Broccoli & Cheese Soup** **Whole Wheat Turkey & Cheese Sandwich** Fresh Fruit	**13** **Pizza Party** Garden Salad Fresh Fruit
16 **Spaghetti w/Meatballs** Garlic Bread Garden Salad Fresh Fruit	**17** **Baked Crispy Chicken Sandwich** Sweet Potato Fries Garden Salad Fresh Fruit	**18** **Beef Hot Dogs w/Bun** Potato Salad Garden Salad Fresh Fruit	**19** **Arroz Con Pollo** Baked Plantains Garden Salad Fresh Fruit	**20** **SarahCare Thanksgiving Lunch Feast** Turkey w/ gravy Stuffing Corn Bread Mashed Potatoes Mixed Veggies
23 **Four Cheese Ravioli** Garlic Bread Garden Salad Fresh Fruit	**24** **Rotisserie Chicken** Mashed Potatoes Gravy Mixed Veggies Fresh Fruit	**25** **Fish Fillet Sandwich** Sweet Potato Fries Garden Salad Fresh Fruit	**26** CLOSED	**27** CLOSED
30 **Grilled Chicken Alfredo with Spinach** Whole Grain Pasta Garden Salad Fresh Fruit				

*Menu items may change based on availability

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